

Integral Gastroenterology Center, P.A.
Venodhar Rao Julapalli, M.D.

Capsule Endoscopy Preparation Instructions

Procedure Date _____ Time _____ Arrival Time _____

Please read these instructions carefully at least one week prior to your exam. Please call us if you have any questions at 281-880-GUTS (4887).

Please contact our office if you have any of the following medical conditions and have not already discussed this with us:

- History of heart, lung, liver, or kidney disease
- Use of blood thinners such as Coumadin, Lovenox, or heparin
- Excessive bleeding during previous surgery or dental procedure
- Diabetes

Bowel Preparation

You will need a prescription for Reglan. Please contact our office if you did not receive the prescription.

One week before your capsule endoscopy, STOP:

- Iron

One day before capsule endoscopy, TAKE:

- Dulcolax 5 mg, 4 pills at once at 12 PM
- Magnesium citrate, one bottle at 6 PM

Day of Procedure

- Do not eat or drink anything starting at midnight (12:00 AM) before your procedure.
- Except as otherwise indicated, you should take your regular morning heart and blood pressure medications with a few small sips of water.
- Arrive at the endoscopy center two hours before your procedure is scheduled.
- Wear comfortable clothing. Please leave your valuables at home.
- **Take Reglan 10 mg once, 30 minutes before taking the capsule**
- **Take Reglan 10 mg once, 3 hours after taking the capsule**
- **Stay on clear liquids for 8 hours after taking the capsule**